

THE VOICE

of the

**LARYNGECTOMEE CLUB OF MONTGOMERY COUNTY
SILVER SPRING, MARYLAND**

SERVING THE GREATER WASHINGTON, DC METROPOLITAN AREA

Established in 1970

Affiliated with the American Cancer Society South Atlantic Division, Inc
Member of the International Association of Laryngectomees



JUNE, 2015

MARK YOUR CALENDAR

**THE LARYNGECTOMEE CLUB
OF MONTGOMERY COUNTY**

Monthly Support Group
Meeting will be held at:



**Christ Congregational Church
9525 Colesville Road
Silver Spring, MD 20901**

Wednesday – July 8th

10:00 AM

Speech Class led by
Mandy Pietropaolo, SLP

10:30 AM

Socializing & Refreshments
Refreshments: The McMullens

11:00 AM

Business & Social Meeting

FOR INFORMATION
CONTACT: HERB SIMON
301-588-2352 or
H457@ aol.com

2015 IAL ANNUAL MEETING / VOICE INSTITUTE



**Voice Institute – June 9th -13th
Annual Meeting – June 10th – 13th**

Sheraton Baltimore North

Address: 903 Dulaney Valley Road, Towson, MD 21204 Telephone: 1-888-627-7147 or 410-321-7400



EDITOR'S NOTE:

This will be a much shorter than usual edition of THE VOICE of Montgomery County newsletter because we have been away on vacation. Please note that due to The IAL Annual Meeting & Voice Institute that will be taking place in Towson, MD in June, our next LCMC Business & Social Meeting will take place on Wednesday, July 8th. (See the left-hand column on this page)

Thank You HERB SIMON

DO YOU KNOW WHAT TIME IT IS?



IT'S 2015 DUES TIME!

Make your check payable to:

**The Laryngectomee Club
Of Montgomery County
OR LCMC**

Send it to:

**HERB SIMON, Treasurer
403 Hamilton Avenue
Silver Spring, MD 20901**

Annual dues are \$5.00 per person or \$10 per family. Many of us send additional money with our dues, to make a donation to the club. These donations help us to continue our helpful and charitable endeavors.



- June 4th Teresa Tiller
- June 7th Tema Title
- June 9th Bettina Ponsart
- June 11th Jean Rich
- June 16th Dr. Itzhak Brook
- June 19th Amber Diggs



HAPPY FATHER'S DAY

MEETING MINUTES

May 13, 2015

The meeting was called to order by **Pres. Stanley Lipscomb** at 11:10AM. Others present were Herb & Sally Simon, Ursula and Jim McDonald, Donald Sievers, Robert Boyd, Susan Dunton, SLP Tara Dean and her new associate, Dave Barry. **Jim McDonald** read the Prayer for a Laryngectomee. Stanley extended a warm welcome to all in attendance. We all introduced ourselves with the laryngectomees telling when and where they had their surgery. The minutes for the April meeting were unanimously approved as published in the May issue of *The Voice*

Treasurer's Report: **Herb** reported that there has been very little change in the club treasury since the last meeting.

Aunt Bea's Sunshine Report: **Herb** read an email message from **Max Hoyt** stating that he will not be able to attend the IAL AM/VI in Towson as planned, due to some health issues. Max was President of LCMC 20 years ago, when Herb first started attending club meetings after his surgery. Sally shared that Max and his wife **Marge** visited with her and Mike, prior to Mike's surgery. Herb read an email message from **Helen Kane**. She's been back in the hospital and is now in rehab.

Old Business: The upcoming IAL AM/VI in Towson, MD in June was discussed at length. Registration forms for both the Annual Meeting and the Voice Institute were distributed for those who are planning to attend, but have not yet registered. Because both illnesses and foreign travel have greatly reduced the number of LCMC members who will be able to attend this conference, we voted unanimously to assist The IAL with a generous financial donation to use toward some of the costs for having this important event in our state. Times and needs on how LCMC members can help at this conference were announced. Our members who will serve as delegates at the Annual Meeting on Saturday morning are **Stanley Lipscomb, Bob Kanjian, Herb Simon, Susan Dunton and Bobby Boyd**. Members will be reimbursed for their registration fee and first-time attendees who serve as delegates at the IAL Annual Meeting on Saturday morning will be presented with a check for \$500.00 by LCMC at the next club event that they attend. The schedule for the AM/VI can now be viewed on The IAL web site.

New Business: There was none.

General Discussion: This was **Dave Barry's** third day on the job with Atos and his first time to meet with laryngectomees. **Tara** asked if we had any hints or tips for him, and we then went around the table giving Dave some good suggestions and precautions. A discussion on the need of some of us laryngectomees to wear laryngectomy tubes took place. The answers varied. Many have little or no need to wear one after full recovery. Stanley still wears one at night after more than 10 years. Herb mentioned that no matter which form of speech one uses post-surgery, we should all become adept at speaking well with an EL, liking it to driving a car with a spare tire. **Rosa** stressed the importance of being there for the patient. **Ursula** suggested to not pretend you understand a new laryngectomee, when you cannot. It's not the least bit helpful to the patient. Herb shared a couple of his favorite sayings: "Be a *Patient* patient", **SMILE**, it's a great form of communication", and the importance and need of asking the question: "Can you understand me?" We all thanked **Ursula & Jim** for the wonderful refreshments today. **Phyllis & Richard** volunteered to bring the refreshments to the July meeting. A motion was made and passed to adjourn the meeting at 12:55 PM.

---Respectfully submitted by Sally Simon

Update and Sad News: We received a phone call yesterday from Helen Kane's daughter, **Patty Kehoe**, with the sad news that Helen is now in the Hospice Care wing at the Frederick Memorial Hospital in Frederick, MD. Let's all of us keep Helen in our prayers. . Patty said that