

Nu-Voices Club of Mt Sinai Hosp, Inc
Member of IAL
August 16th, 2015

Dear Members and Friends,

President Saul Silver called the meeting to order at 1:50. In attendance were 6 members and friends as shown and named below.



**Standing: Saul Silver, Leslie G. McDonagh, Jay Hauben
Seated: David Koslofsky, Don McDonagh**



Ace photographer Gerry Silver

- We missed Scott Goldman, who was out fishing, but at least he had success. He has lost 35 lbs., apparently by eating a lot of fish. This fish weighed 38.5 lbs. Shoulda seen the one that got away!



- Elaine Hudson and her daughter Katrina Hanton couldn't make it. Elaine has pain in her legs and Katrina has arthritis in her knee. They said Hello to all. We hope they are both better soon.
- Cecilia was away trialing her dog at a show. Says that she is very happy with her new hands-free device from ATOS.
- Frank Deppolder said that he had some problem on his face and is going to his doctor. Get well quick, Frank.
- Clarissa Bushman emailed regrets. She has been having some bad days recently. We are all rooting for you Clarissa!

Nu-Voices Club of Mt Sinai Hosp, Inc

Member of IAL

August 16th, 2015

Jay read “The Prayer for Laryngectomees”, then Saul led off the round table.

David Koslofsky reports that his doctor has been adjusting his Parkinson’s meds. He missed some meetings because he wasn’t feeling up to par, but is better now.

Jay also needs an adjustment to his thyroid meds, but his doctor is reluctant to make the change. Jay has gotten a free sample Vega prosthesis from Dave Barry of ATOS and will be trying it out if the one he has been using continues to fail in a short time. He also reports that Dr Mitchell at the IAL meeting recommended surgery for his swallowing problem, but his surgeon here recommended against it..

Leslie gave the treasurer’s report. The treasury can still afford to throw our annual party for several more years.

Two very useful books by Doctor Itzhak Brooks are available for free. See page 3.

Our newsletter is now available on the IAL web site. The IAL is maintaining their mailing list, so they ask everyone who wishes to continue receiving it by mail to fill out the form on page 18 of the current issue (August 2015). You can also send them the same info by email, and finally, you can read their newsletter on their web site.

We had invited Andrea Leone, SLP to be our special guest for August, but she was busy with her new baby. She will be teaching a dysphagia class at Hunter College in the Fall and just emailed that she is teaching about head and neck cancer just before the date of our November meeting/party, so she and her students will be our special guests at the November meeting/party.

After exchanging emails with the good folks at Mt Sinai, our 2016 meetings are all booked for the room we have been using – Seminar room B.

We were asked about bylaws for the club, but the only thing we have is IAL bylaws, which were drafted by an earlier president of our club, Jay LeMaster, Art Powers’ predecessor. We are very informal, but if the need arises, we can fall back on Jay’s IAL by-laws.

Saul heard from Mary Schaub, daughter of our late president, Artie Powers. She reports that her son Nickie, who Artie cared for so tenderly, has now deteriorated to the point that they can no longer care for him at home and so he is now in a nursing home. So sad, the boy missed Artie so much. Mary sends her best wishes to the members.

We ended the meeting at 2:45 after our usual silent prayer.

Our next meeting will be in seminar room B, 2nd floor at 1470 Madison Avenue, between 101st and 102nd. The meeting will be at 1:30 PM on Sunday, 9/20/2015 and we will have a special guest – Kelly Boyd, SLP at Columbia University Medical Center.

Note that Saul & Gerry will be away on tour and treasurer Leslie Getz will preside. Jay Hauben will take some notes and Saul will get out a newsletter after returning.

Nu-Voices Club of Mt Sinai Hosp, Inc

Member of IAL

August 16th, 2015

Doctor Brooks' email

Your Voice Club and or Laryngectomy support group members may be interested to know that my books "The Laryngectomy Guide" and "My voice, a physician's personal experience with throat cancer" are available now for free download at the American Academy of Otolaryngology Head and Neck Surgery website: <http://www.entnet.org/HealthInformation/Laryngectomy.cfm> and <http://www.entnet.org/content/ebooks>

They are also available for free download at <http://dribrook.blogspot.com/>

Both are also available as a paperback and Kindle at Amazon.com

.....
Carl DePalma

Doctor Brooks' email was also forwarded to us by Carl DePalma of the Niagara Frontier club, along with an endorsement by Carl, who has both books.

Jay Hauben forwarded the info below from Web Whispers, posted by Joe Spence

The Laryngectomy Guide can be obtained FREE (only in N. America) by e mailing a request to customersupport.us@atosmedical.com

Joe Spence, Ottawa Canada (2007)

After all that, there is no excuse for not getting the books!

Saul Silver, President
390 First Avenue, #8F
New York, NY 10010
(212) 677-6392
argentum@nyc.rr.com

Leslie McDonagh, Treasurer
150 Claremont Avenue, #2C
New York, NY 10027
(212) 662-6515